

A NEW YOU: Challenge your body, change your life

upscale

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LIVING THE AFFLUENT LIFESTYLE

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TOP 15
SPAS
that make
you go a

When to
walk away
from love

Fall
Re

the good life

Even in a recession, we deserve a little pampering. And at one of these ultra luxurious spas, there's a relaxing service with your name written all over it. So what if you'll have to eat tuna for the next month? That body wrap, oozing with milk and honey, will be so worth it!



<< Le Spa

A gem in the heart of L.A., the stylishly French Le Spa at Sofitel is a decadent experience in art and function. Attention to detail is key to its ambiance. If luxury is what you seek, the Ageless Beauty Facial is where the forces of energy and relaxation meet in harmony. Add on the patented Nanospa Immersion, exclusive to Le Spa. The 30-minute megadose of oxygen-rich nanobubbles nourishes, revives and replenishes your skin from head to toe (8555 Beverly Blvd., Los Angeles; 310-228-6777).

PLUS:
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The
YEAR
in review
by Sommore