

allure

THE BEAUTY EXPERT

NOVEMBER 2009

Shiny,
Bouncy

November 2009
Circulation: 1,093,265

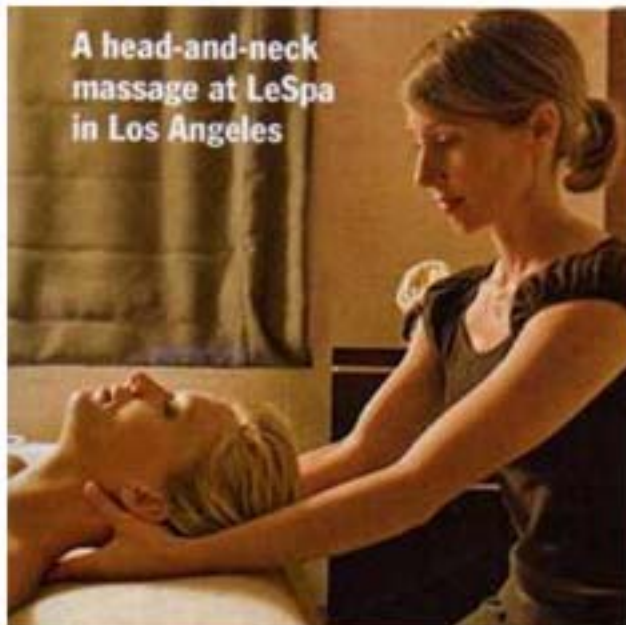
Hair
Easy, Spa
At-Home

Magic Fingers

Stress-melting massages from
New York City to Los Angeles.

Holly
Skin
13 Crazy Cele

A head-and-neck
massage at LeSpa
in Los Angeles



LeSpa at the Sofitel Hotel

8555 Beverly Blvd.
310-228-6777

To our delight, the point of the So Relaxing massage at Le Spa wasn't to align our chakras or mess with our dosha—just to help us unwind. Our therapist coated her palms with an unscented lotion and proceeded to give us the longest, deepest rubdown we've ever had without wincing. She moved her hands from head and shoulders to quads and feet almost seamlessly, knowing exactly where to exert pressure and where to hold off. We'll take loose and limber muscles over bells and whistles any day. So Relaxing Massage, \$125.

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Skin Care

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it Make Her
omfortable